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|  **Phase 1:** Intended Curriculum |
| **Week of: 11/9/15** | **Teacher: J. Brooks/E. Steele** | **Physical Education** | **3-5** |
| **Standards and Elements:**PE 3.1, PE 4.1, PE 5.1 Demonstrates competency in motor skills and movement patterns needed to perform a variety of activities.  PE 3.2, 4.2, 5.2 Demonstrates understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities.**Learning Targets:** *(What does the teacher expect the students to know, understand and be able to do?)* Students will demonstrate flexibility while they perform rolling and tumbling activities while following school and class rules with a 100% effort to the best of their abilities. |

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| **Phase 2:** Delivered Curriculum |
| **Activator** | Students will move around the gymnasium using different locomotor skills as a warm-up activity. |
| **Mini Lesson**  | Teachers will review, with students, safety practices for the activities. |
| **Work Session** | Students will work in a small-groups to perform their rolling and tumbling activities for maximum participation. We will start with a whole group instruction to review safety and the instructions and also to review the history of gymnastics. We will then break into small group sessions to have them accomplish tasks that are given and stated on the task cards. |
| **Closing/Summarize** | Students will discuss, as a whole group, how flexibility is involved with the activity. |
| **Differentiation** **Based on Data** | **Groupings:****Other**Throughout the lesson, students will be grouped in small and whole group.**Accommodations and Modifications:**Students with orthopedic impairments are given modified courses during warm-ups. They are also partnered with students who will assist when needed.  |
| **Phase 3: Achieved Curriculum**  |
| **Evidence of Learning****Assessments** | **Summative Assessment:**Formative-Performance Task | **Formative Assessment:**ObservationI will observe students as they perform the rolling and tumbling activity. |
| **Teacher Reflection***(Evaluation of Data /Next Step)* | **The plan for the following unit will be based on the results of the skills observation test.** |
| **ADDITIONAL INFORMATION** |
| **Technology****Integration** | Choose an item.**Comments:** |
| **Homework** |  |
| **Material/Resources** | **mats** |
| **Other** |  |