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| **Phase 1:** Intended Curriculum | | | |
| **Week of: 8/31/15** | **Teacher: J. Brooks and E. Steele** | **Physical Education** | **3-5** |
| **Standards and Elements:**  PE 3.1, PE 4.1, PE 5.1 Demonstrates competency in motor skills and movement patterns needed to perform a variety of activities.  PE 3.2, 4.2, 5.2 Demonstrates understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities.  **Learning Targets:** *(What does the teacher expect the students to know, understand and be able to do?)* Students will be able to use dodging and fleeing to participate in large group games. | | | |

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| **Phase 2:** Delivered Curriculum | | |
| **Activator** | Students will use loco motor skills to travel around the general space to warm-up for physical activity. Students will then gather to perform stretches. | |
| **Mini Lesson** | Group discussion – “Food Fat Attack” – Students and teachers will discuss how nutrients affect our bodies. Students will also understand how exercise helps to burn calories from fatty foods. | |
| **Work Session** | Students will participate in a game of Food Fat Attack. Students will collect calories (balls), when tagged, in jerseys and do jumping jacks to burn the calories. | |
| **Closing/Summarize** | Students will discuss how dodging and fleeing helped to “win” the game while helping to burn extra calories. | |
| **Differentiation**  **Based on Data** | **Groupings:**  **Other**  Throughout the lesson, students will work individually, as well as in pairs. During the mini lesson and closing, students will come together in whole group to participate in discussions.  **Accommodations and Modifications:**  Students with orthopedic impairments are given modified courses during warm-ups. They are also partnered with students who will assist when needed. | |
| **Phase 3: Achieved Curriculum** | | |
| **Evidence of Learning**  **Assessments** | **Summative Assessment:**  Formative-Performance Task | **Formative Assessment:**  Observation  I will observe students as they perform skills and movement patterns related to dodging and fleeing. |
| **Teacher Reflection**  *(Evaluation of Data /Next Step)* | **The plan for the following unit will be based on the results of the skills observation test.** | |
| **ADDITIONAL INFORMATION** | | |
| **Technology**  **Integration** | Choose an item.  **Comments:** | |
| **Homework** |  | |
| **Material/Resources** | **Hoola Hoops/Jerseys/balls** | |
| **Other** |  | |